



In Bulgaria, folklore and dancing are integral parts of life. From generation to generation, through dance we express our cultural genius, and celebrate our heritage with love and respect. Folk dancing represents the essence of Bulgarian history, culture, and life.

Traditional dance is an excellent medium for appreciating other folk arts such as music, song, storytelling, weaving, embroidery, and other crafts. We synchronize them with music, feel the stories in the songs' lyrics, and re-enact history in our dancing steps. Dance is an expression of the aspirational Bulgarian character-- free and beautiful, strong and enduring, intense and relaxed, agile and dexterous, wise and humorous, desirous and joyful.

Dani Makedonska, Master Choreographer of Bulgarian Dance, formed Hopa Trop, a children's folk dance ensemble in the Bulgarian community in Seattle in 2013. The program consists of a weekly class of singing, dancing, and education for children ages 5 to 15.

The goal of this program is to educate children about Bulgarian culture: language, geography, customs, musical instruments, songs, dances, folklore, and games. Along with having fun with their peers and teacher, children will also develop the ability to work and perform together both in the studio and on stage.

Rehearsals are Sunday afternoons 3:00-6:00pm at:  
LaVida Dance Studio  
13620 NE 20th St., Bellevue, WA 98005

If you wish to register your child, please send an email to Dani Makedonska at: [vedalu@hotmail.com](mailto:vedalu@hotmail.com), or call her at: (206) 940-3085

Visit us at: <http://hopatropa.com/>

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